

IT'S YOUR LIFE. IT'S YOUR CHOICE.

**DYING WITH  
DIGNITY**



GREATER TORONTO AREA | CANADA

*Advance Care Planning*

# *About This Presentation*

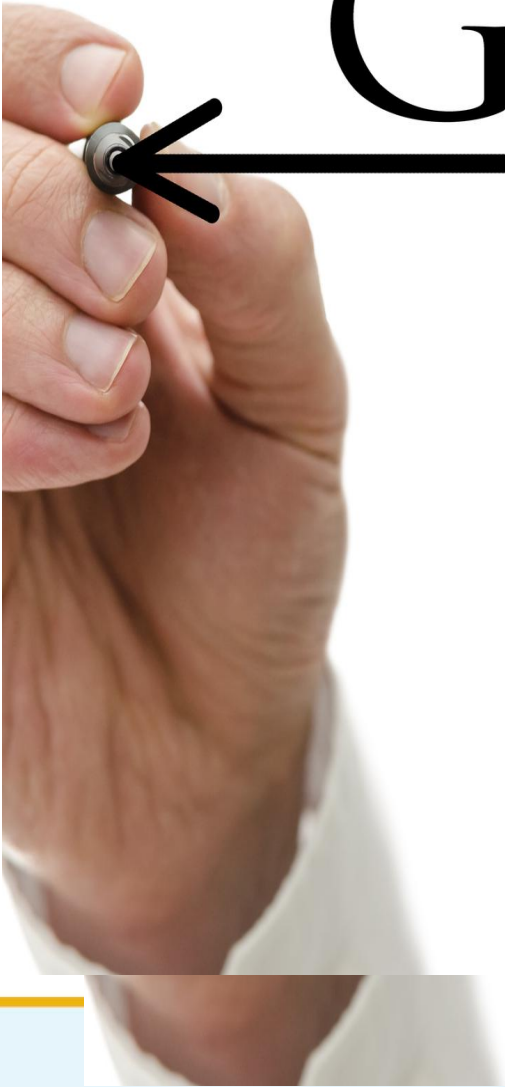
The information included in today's session, Advance Care Planning (ACP), is timely and accurate as of the date presented.

If you are watching a recorded version at a later date, please note that subsequent changes to relevant legislation or regulation may effect the accuracy of the content.

# PLANNING



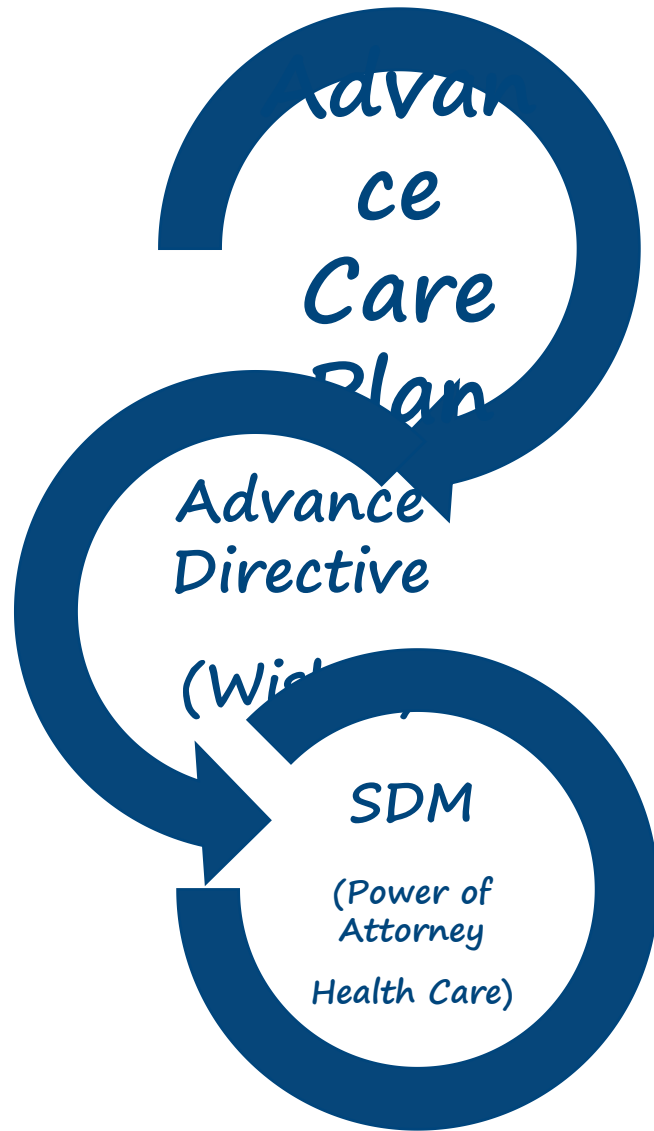
# GOAL



- To provide you with some important concepts about about ACP

# Agenda

- What is ACP?
- Why complete an ACP?
- The Planning Process
- Next steps



# Why is a plan important?

- Tailored to your Wishes
- Reduces anxiety
- Increases Communication

# How to Create an Advance Care Plan

01

Consider

02

Decide

03

Document

04

Review





# Values, Beliefs, Preferences\* for Future Healthcare



# Substitute Decision Maker (SDM)



# Who to appoint as SDM for health?

## Criteria

Appointing 2-3 SDM's - joint or independent?

First  DM  
*If unwilling or unable*

Second SDM

If no SDM

# Document

*your wishes into an  
Advance Directive*



# Advance Directive

- *Wishes\**
- *When to use*
- *Who uses it?*
- *Do I need to have one?*

# Review

*your Advance Directive  
periodically*

*Share any changes with  
substitute decision makers*



# Next Step

Complete a Power  
of Attorney for  
Personal Care form

Personal Care includes  
health care, nutrition,  
shelter, clothing, hygiene,  
and safety.

# ACP Summary

THINK

LEARN

DECIDE

TALK

DOCUMENT





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