

# TEEPA SNOW



**FREE VIRTUAL ZOOM SERIES**  
**WITH DEMENTIA EXPERT TEEPA SNOW.**

- Thursday, January 21, 2021 from 3:30 to 4:30 pm  
“Effects of Social Isolation on Those Living with Dementia”
- Thursday, January 28, 2021 from 3:30 to 4:30 pm  
“How to Communicate with Someone with Dementia”
- Thursday, February 4, 2021 from 3:30 to 4:30 pm  
“Understanding Yourself as a Caregiver and What You Need”

**Finding Your Way®** helps people living with dementia, their families, caregivers and communities recognize the risk of going missing, be prepared for incidents of going missing, and ensure people with dementia can live safely in the community.

“Living Safely in the Community” is a free, user-friendly online course that talks about how we can help keep people living with dementia safe. Each of the four modules are only 15 minutes in length, and you can complete them at your own pace.

[www.findingyourwayontario.ca](http://www.findingyourwayontario.ca)

**TO REGISTER FOR ANY OF THE TEEPA SNOW SESSIONS,  
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